What is claimed as new and desired to be protected by Letters

Patent of the United States is:

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1. A method of forming a mask, comprising:

forming a first layer of material over a substrate;

forming an opaque layer overlying said first layer of material, said opaque material layer having at least one opening therein filled with a second material, said second material residing over said first layer of material and defining areas of said first layer of material which are to be removed;

using said second material as a mask to remove said areas of said first layer of material; and

removing said second material.

- 2. The method of claim 1, wherein the using of said second material as a mask comprises providing a first region from which said first layer of material is removed, and the removing of said second material comprises providing a second region from which said second material is removed, said first and second regions having different phase shift characteristics with respect to light transmitted therethrough.
- 3. The method of claim 2, wherein said first region provides a phase shift with respect to light transmitted therethrough of 180 degrees and said second region provides a phase shift with respect to light transmitted therethrough of zero degrees.
- 4. The method of claim 2, wherein said first region provides a phase shift with respect to light transmitted therethrough of zero degrees

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and said second region provides a phase shift with respect to light transmitted therethrough of 180 degrees.

- 5. The method of claim 2, wherein said first and second regions form a rim type phase-shifter.
- 6. The method of claim 2, wherein said at least one opening comprises a plurality of openings.
 - 7. The method of claim 6, wherein said first and second regions form a Levenson-type phase-shifter.
- 8. The method of claim 1, wherein the forming of said opaque layer comprises:

depositing a first resist material on said opaque layer;
removing a portion of said first resist material, leaving said opening;

etching an uncovered portion of said opaque layer underlying the removed portion of said first resist material, thereby deepening said opening; and

removing the remainder of said first resist material.

- 9. The method of claim 8, wherein the using of said second material as a mask comprises:
- providing said second material within said opening and over said opaque layer;

directing a first exposure through said substrate to expose a

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portion of said second material;

hardening the exposed portion of said second material; directing a second exposure at said second material to remove any unhardened portions of said second material;

providing a third material over said opaque layer and said hardened portion of said second material;

performing a lithographic step on a portion of said third material overlying and bounded by said second material to expose and remove said portion of said third material; and

etching said first layer of material underlying said exposed and removed portion of said third material.

- 10. The method of claim 9, wherein said second material is a positive-tone resist material capable of making an image reverse tone.
- 11. The method of claim 9, wherein the exposed portion of said second material is harden by baking.
- 12. The method of claim 1, wherein said first layer of material comprises a material adapted to allow a 180 degree phase shift with respect to open areas of said substrate.
- 13. The method of claim 12, wherein said first layer of material comprises one or more from the group consisting of molybdenum-silicide, chromium-fluoride, silicon nitride-titanium nitride, tantalum silicide, and zirconium silicon oxide.

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- 14. The method of claim 13, wherein said first layer of material comprises molybdenum-silicide.
- 15. The method of claim 13, wherein said first layer of material comprises chromium fluoride.
- 16. The method of claim 1, wherein said substrate comprises a material transparent to ultraviolet light.
 - 17. The method of claim 16, wherein said substrate comprises quartz.
 - 18. The method of claim 1, wherein said opaque layer comprises chromium.
 - 19. A mask formed by the method of claim 1.
 - 20. A method of forming a mask, comprising:

forming an opaque layer over a substrate, said opaque layer having at least one opening therein filled with a first material, said first material defining areas of said substrate which are to be removed;

using said first material as a mask to remove said areas of said substrate; and

removing said first material.

21. The method of claim 20, wherein the using of said first material as a mask comprises providing at least one first region from which said opaque material is removed, and the removing of said first material

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comprises providing at least one second region from which said first material is removed, said first and second regions having different phase shift characteristics with respect to light transmitted therethrough.

- 22. The method of claim 21, wherein said first region provides a phase shift with respect to light transmitted therethrough of 180 degrees and said second region provides a phase shift with respect to light transmitted therethrough of zero degrees.
- 23. The method of claim 21, wherein said first region provides a phase shift with respect to light transmitted therethrough of zero degrees and said second region provides a phase shift with respect to light transmitted therethrough of 180 degrees.
- 24. The method of claim 21, wherein said first and second regions form a rim type phase-shifter.
- 25. The method of claim 21, wherein said at least one first region comprises a plurality of first regions and wherein said at least one second region comprises a plurality of second regions.
- 26. The method of claim 25, wherein said at least one of said first and second regions form a rim type phase-shifter.
- 27. The method of claim 26, wherein said at least one of said first and second regions form a Levenson-type phase-shifter.

opening;

28. The method of claim 20, wherein the forming of said opaque layer comprises:

depositing a first resist material on said opaque layer; removing a portion of said first resist material, leaving said

etching an uncovered portion of said opaque layer underlying the removed portion of said first resist material, thereby deepening said opening a first time; and

removing the remainder of said first resist material.

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- 29. The method of claim 28, further comprising etching the substrate defined by said deepened opening, thereby deepening said opening a second time.
- 30. The method of claim 29, wherein the using of said first material as a mask comprises:

providing said first material within said twice deepened opening and over said opaque layer;

directing a first exposure through said substrate to expose a portion of said first material;

hardening the exposed portion of said first material;

directing a second exposure at said first material to remove
any unhardened portions of said first material;

providing a second material over said opaque layer and said hardened portion of said first material;

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performing a lithographic step on a portion of said second material overlying and bounded by said first material to expose and remove said portion of said second material; and

etching said opaque layer underlying said exposed and removed portion of said second material.

- 31. The method of claim 30, wherein the exposed portion of said first material is hardened by baking.
- 32. The method of claim 30, wherein said first material is a positive-tone resist material capable of making an image reverse tone.
- 33. The method of claim 28, wherein the using of said first material as a mask comprises:

providing said first material within said deepened opening and over said opaque layer;

directing a first exposure through said substrate to expose a portion of said first material;

baking said first material to harden the exposed portion of said first material;

directing a second exposure at said first material to remove any unhardened portions of said first material;

providing a second material over said opaque layer and said hardened portion of said first material;

performing a lithographic step on a portion of said second material overlying and bounded by said first material to expose and remove

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said portion of said second material; and

etching said opaque layer underlying said exposed and removed portion of said second material.

- 34. The method of claim 33, further comprising etching said substrate underlying said etched opaque layer and removing the remainder of said first and second materials.
- 35. The method of claim 33, wherein said first material is a positive-tone resist capable of making an image reverse tone.
 - 36. A mask formed by the method of claim 20.
- 37. A mask comprising at least one printable area which is selfaligned with respect to an adjacent phase shift area.
- 38. The mask of claim 37, wherein said printable area comprises a printable contact area.
- 39. The mask of claim 37, wherein said printable area comprises a printable line area.
 - 40. The mask of claim 37, wherein said mask is a reticle.
- 41. The mask of claim 37, wherein said mask comprises a substrate and an opaque layer.

- 42. The mask of claim 41, wherein said printable area is located within said substrate and said adjacent phase shift area is located in said opaque layer.
- 43. The mask of claim 42, wherein said substrate is formed of quartz and said opaque layer is formed of chromium.
- 44. The mask of claim 41, further comprising a layer overlying said opaque layer, said printable contact area being formed in said opaque layer and said adjacent phase shift area being formed in said layer.